202-2023



Caltech
Student Health Insurance Plan

www.anthem.com/studentadvantageca

Anthem Student Advantage Keeping you at your personal best







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As your new school year begins, it's important to understand your health care benefits and how they work. Your Anthem Student Advantage plan will help guide you through that process with information about who is eligible, what is covered, how much it costs, and the best ways to access care.

### What you need to know about Anthem Student Advantage



#### Who is eligible?

- If you're a registered Caltech undergraduate or graduate student, you're eligible for Caltech student medical insurance.
- For an additional charge, you may also enroll your spouse or domestic partner and eligible dependent children.
- Coverage is required! All registered students must have medical insurance — either Caltech insurance or other insurance that meets Caltech's waiver requirements.

# Coverage periods and rates



#### Costs and dates of coverage

Session	Student only*	Student and 1 dependent	Student and 2 or more dependents
<b>Annual</b> (9/1/2022 - 8/31/2023)	\$4,251	\$8,502	\$12,753

<sup>\*</sup>Student only rates are for undergraduate students only. For graduate student rates please visit the Caltech Student Benefits site.

 $<sup>{}^\</sup>ddagger \text{Rates}$  are pending approval with the state and subject to change.





#### Important dates for the coverage period



#### **Waiver deadlines**

You can waive your Anthem Student Advantage if you have comparable coverage. 8/19/2022



If you have **questions about enrollment and waiver options**, visit studentca.anthem.com/student or call 1-833-332-0797.

# Keep in touch with your benefits information



#### **Student Wellness Services**

1239 Arden Road

Pasadena, CA 91125

Health 1-626-395-6393

Counseling 1-626-395-8331

https://wellness.caltech.edu

Monday - Friday

8:00am - 5:00pm

Closed on Institute Holidays



#### Benefits, eligibility, enrollment and claims

1-833-332-0797

https://studentca.anthem.com/student

Anthem Blue Cross Life and Health Insurance Company

P.O. Box 60007

Los Angeles, CA 90060-0007

## Easy access to care

Access the care you need, when you need it, and in the way that works best for you.



#### **Sydney Health app**

With the Sydney Health<sup>1</sup> app through Anthem Student Advantage, you have instant access to:

- > Your member ID card.
- > The Find a Doctor tool.
- > More information about your plan benefits.
- > Health tips that are tailored to you.
- > LiveHealth Online and 24/7 NurseLine.
- Student support specialists (through click-to-chat or by phone).

#### Access the Sydney Health app

Go to the App Store<sup>SM</sup> or Google Play<sup>TM</sup> and search for the Sydney Health app to download it today.



#### **LiveHealth Online**

From your mobile device or computer with a webcam, you can use LiveHealth Online to visit with a board-certified doctor, psychiatrist or licensed therapist through live video.<sup>2</sup>
To use, go to your Sydney Health app or <a href="https://www.livehealthonline.com">www.livehealthonline.com</a>. You can also download the free LiveHealth Online app to sign up.



#### 24/7 NurseLine

Call **1-844-545-1429** to speak to a registered nurse who can help you with health issues like fever, allergy relief, cold and flu symptoms and where to go for care. Nurses can also help you enroll in health management programs if you have specific health conditions, remind you about scheduling important screenings and exams, and more.



#### **Provider finder**

Use <a href="www.anthem.com/ca/find-doctor/">www.anthem.com/ca/find-doctor/</a> to find the right doctor or facility close to where you are.



### Anthem Student Advantage Caltech website

Use <a href="www.anthem.com/studentadvantageca">www.anthem.com/studentadvantageca</a>
to see your health plan information, including providers, benefits, claims, covered drugs and more.

<sup>1</sup> Sydney Health is a service mark of CareMarket, Inc

<sup>2</sup> Appointments subject to availability of a therapist. Psychologists or therapists using LiveHealth Online cannot prescribe medications. Online counseling is not appropriate for all kinds of problems. If you are in crisis or have suicidal thoughts, it's important that you seek help immediately. Please call 1-800-784-2433 (National Suicide Prevention Lifeline) or 911 and ask for help. If your issue is an emergency, call 911 or go to your nearest emergency room. LiveHealth Online does not offer emergency services.

LiveHealth Online is the trade name of Health Management Cornoration a separate commany providing telehealth services on behalf of Anthem Blue Cross and Blue Shield



# Your summary of benefits

#### **Anthem Blue Cross**

Student health insurance plan: Caltech





This summary of benefits is a brief outline of coverage, designed to help you with the selection process. This summary does not reflect each and every benefit, exclusion and limitation which may apply to the coverage. For more details, important limitations and exclusions, please review the formal Evidence of Coverage (EOC). If there is a difference between this summary and the Evidence of Coverage (EOC), the Evidence of Coverage (EOC) will prevail. Plan benefits are pending approval with the state and subject to change.

#### Medical

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
Overall Deductible		
See notes section to understand how your deductible works. Your plan may also have a separate Prescription Drug Deductible. See Prescription Drug Coverage section.	\$250 per person	\$1,000 per person
Out-of-Pocket Limit		
When you meet your out-of-pocket limit, you will no longer have to pay cost- shares during the remainder of your benefit period. See notes section for additional information regarding your out of pocket maximum.	\$1,000 person / \$2,000 family	\$5,500 person / \$11,000 family
Preventive care/screening/immunization		
In-network preventive care is not subject to deductible, if your plan has a deductible.	No charge	40% coinsurance after deductible is met
Doctor Home and Office Services		
Primary Care Visit to treat an injury or illness	\$15 copay per visit, deductible does not apply	40% coinsurance after deductible is met
Specialist Care Visit	\$15 copay per visit, deductible does not apply	40% coinsurance after deductible is met
Prenatal and Post-natal Care	\$15 copay per visit, deductible does not apply	40% coinsurance after deductible is met
Other Practitioner Visits:		
Retail Health Clinic Visit	\$15 copay per visit, 20% coinsurance, deductible does not apply	40% coinsurance after deductible is met
Preferred On-line Visit Includes Primary Care, Mental/Behavioral Health and Substance Abuse. Live Health Online is the preferred telehealth solution. (www.livehealthonline.com).	No charge	40% coinsurance after deductible is met

covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
On-line Visit Includes Primary Care, Mental/Behavioral Health and Substance Abuse.	\$15 copay per visit, deductible does not apply	40% coinsurance after deductible is met
Chiropractic / Manipulation Therapy Coverage is unlimited visits per benefit period.	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Acupuncture	\$15 copay per visit, 20% coinsurance, deductible does not apply	40% coinsurance after deductible is met
Other Services in an Office:		
Allergy Testing	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Chemo/Radiation Testing	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Dialysis/Hemodialysis	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Prescription Drugs - Dispensed in the office	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Diagnostic Services		
Lab:		
Office	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Outpatient Hospital	20% coinsurance after deductible is met	40% coinsurance after deductible is met
X-Ray:		
Office	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Outpatient Hospital	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Advanced Diagnostic Imaging (for example, MRI/PET/CAT scans):.		
Office	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Outpatient Hospital	20% coinsurance after deductible is met	40% coinsurance after deductible is met
mergency and Urgent Care		
Urgent Care	\$15 copay per visit, deductible does not apply	40% coinsurance after deductible is met
Emergency Room Facility Services Copay waived if admitted.	\$150 copay per admission plus 20% coinsurance, deductible does not apply	Covered as In-Network
Emergency Room Doctor and Other Services	20% coinsurance, deductible does not apply	Covered as In-Network
Emergency Ambulance Transportation	20% coinsurance after deductible is met	Covered as In-Network

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
Outpatient Mental Health and Substance Use Disorder		
Doctor Office Visit and Online Visit Copay waived for first 25 visits.	\$15 copay per visit, deductible does not apply	40% coinsurance after deductible is met
Facility visit:		
Facility Fees	0% coinsurance after deductible is met	40% coinsurance after deductible is met
Doctor Services	0% coinsurance after deductible is met	40% coinsurance after deductible is met
Outpatient Surgery		
Facility fees:		
Hospital	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Freestanding Surgical Center	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Doctor and Other Services:		
Hospital	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Freestanding Surgical Center	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Hospital Stay (all inpatient stays including Maternity, Mental / Beh	avioral Health, and Substance Abu	ise)
Facility fees	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Doctor and other services	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Recovery & Rehabilitation		
Home Health Care Coverage is limited to 100 visits per year.	20% coinsurance after deductible is met	40% coinsurance after deductible is met
<b>Rehabilitation services</b> Physical therapy and occupational therapy combined is unlimited visit visits per benefit period.	ts per benefit period. Coverage for s	speech therapy is unlimited
Office	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Outpatient Hospital	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Habilitation services (for example, physical / speech / occupational Unlimited visits per benefit period.	al therapy):	
Office	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Outpatient Hospital	20% coinsurance after deductible is met	40% coinsurance after deductible is met

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
Cardiac rehabilitation Cardiac rehabilitation: Unlimited visits per benefit period.		
Office	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Outpatient Hospital	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Skilled Nursing Care (in a facility) Coverage is unlimited per benefit period.	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Hospice	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Durable Medical Equipment	20% coinsurance after deductible is met	40% coinsurance after deductible is met
Prosthetic Devices	20% coinsurance after deductible is met	40% coinsurance after deductible is met





#### **Pharmacy**

Covered Prescription Drug Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
Pharmacy Deductible	None	None
Pharmacy Out of Pocket	Combined with medical	Combined with medical
Prescription Drug Coverage  Traditional Drug List  No coverage for non-formulary drugs. Home delivery is not covered out-of-network.		
Tier 1 - Typically Generic 30 day supply (retail pharmacy). 90 day supply (home delivery).	Tier 1 - \$10 copay per prescription (retail) \$20 copay per prescription (home delivery)	Tier 1 - \$10 copay per prescription (retail) Home delivery not covered
Tier 2 – Typically Preferred Brand 30 day supply (retail pharmacy). 90 day supply (home delivery).	Tier 2- \$30 copay per prescription (retail) \$60 copay per prescription (home delivery)	Tier 2- \$30 copay per prescription (retail) Home delivery not covered
Tier 3 - Typically Non-Preferred Brand/Specialty Drugs 30 day supply (retail pharmacy). 90 day supply (home delivery).	Tier 3 - \$50 copay per prescription (retail) \$100 copay per prescription (home delivery)	Not covered

#### **Pediatric Vision** *Limited to covered persons under the age of 19.*

#### **Covered Vision Benefits**

Cost if you use an In-Network Provider Cost if you use an Out-of-Network Provider

This is a brief outline of your vision coverage. Not all cost shares for covered services are shown below. Benefits include coverage for student's choice of eyeglass lenses or contact lenses, but not both. For a full list, including benefits, exclusions and limitations, see the combined Evidence of Coverage/Disclosure form/Certificate. If there is a difference between this summary and either Evidence of Coverage/Disclosure form/Certificate will prevail.

Only children's vision services count towards your out of pocket limit.

Children's Vision Essential Health Benefits (up to age 19) Limited to covered persons under the age of 19.		
Child Vision Deductible	\$0	\$0
<b>Vision exam</b> Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 exam per benefit period.	\$0 Copay	\$0 Copay up to Maximum Allowed Amount
Frames Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 unit per benefit period.	\$0 Copay	\$0 Copay up to Maximum Allowed Amount
<b>Lenses</b> Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 unit per benefit period.	\$0 Copay	\$0 Copay up to Maximum Allowed Amount
Elective contact lenses Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 unit per benefit period.	\$0 Copay	\$0 Copay up to Maximum Allowed Amount
Non-Elective contact lenses  Coverage for In-Network Providers and Out-of-Network Providers is limited to 1 unit per benefit period.	\$0 Copay	\$0 Copay up to Maximum Allowed Amount





#### Pediatric Dental Limited to covered persons under the age of 19.

#### **Covered Dental Benefits**

Cost if you use an In-Network Provider

Cost if you use an Out-of-Network Provider

This is a brief outline of your dental coverage. Not all cost shares for covered services are shown below. For a full list, including benefits, exclusions and limitations, see the combined Evidence of Coverage/Disclosure form/Certificate. If there is a difference between this summary and either Evidence of Coverage/Disclosure form/Certificate, the Evidence of Coverage/Disclosure form/Certificate will prevail. Only children's dental services count towards your out of pocket limit.

#### Children's Dental Essential Health Benefits (up to age 19) Limited to covered persons under the age of 19.

Diagnostic and preventive Includes cleanings, exams, x-rays, sealants, fluoride.	No charge	No charge
Basic services Includes filling and simple extractions	20% coinsurance	20% coinsurance
Major services/Prosthodontic	50% coinsurance	50% coinsurance
Endodontic, Periodontics, Oral Surgery	50% coinsurance	50% coinsurance
Medically Necessary Orthodontia services	50% coinsurance	50% coinsurance
Deductible	Not applicable	Not applicable
Adult Dental	Not covered	Not covered

### **Benefits that** go with you



You can count on medical coverage anywhere worldwide with GeoBlue. Easily access international doctors by phone or video and use our 24/7 help center for emergency health questions. Anthem Student Advantage and GeoBlue provides the right support and services when you need them the most.



Visit https://www.geobluestudents.com to learn more.

#### GeoBlue benefits for the 2022-2023 school year

Use of benefits must be coordinated and approved by GeoBlue.

International telemedicine services<sup>2</sup>

Global TeleMD™

Confidential access to international doctors by telephone or video call.

Coverage outside the U.S., excluding student's home country.

**Medical Expenses** 

Maximum benefit up to \$250,000 per coverage year, no deductibles or copays. Consult coverage certificate for benefit limitations and exclusions.<sup>3</sup>

Coverage worldwide except within 100 miles of primary residence for U.S. students.

Coverage worldwide, excluding home country for international students.

Emergency medical evacuation

Unlimited

Repatriation of remains

Unlimited

Emergency family travel arrangements

Maximum benefit up to \$5,000 per coverage year

Political emergency and natural disaster evacuation (Available only when traveling outside the United States)4 Covered 100% up to \$100,000 per person. Subject to a combined \$5,000,000 limit per any one covered event for all people covered under the plan.

Accidental death and dismemberment

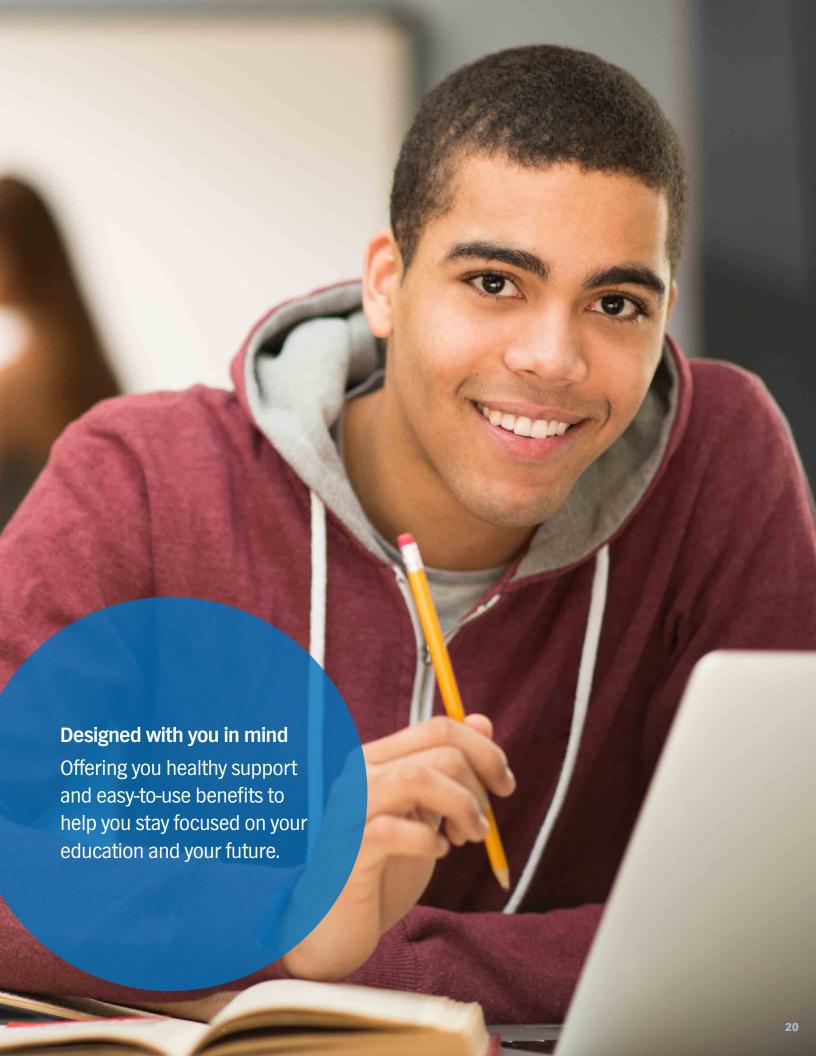
Maximum benefit up to \$10,000 per coverage year





Limited, Bermuda, an independent licensee of the Blue Cross Blue Shield Association. Coverage is not available in all states. Some restrictions apply.
Telemedicine services are provided by Teladoc Health, directly to members. GeoBlue assumes no liability and accepts no responsibility for information provided by Teladoc Health and the performance of the services by Teladoc Health. Support and information provided through this service does not confirm that any

<sup>4</sup> The Political, Military and Natural Disaster Evacuation Services (PEND) are provided through Crisis24, an independent third party, non-affiliated service provides. Crisis24 does not supply Blue Cross or Blue Shield products or other benefits, and is therefore solely responsibility resulting from the provision or use of Crisis24 PEND or other Crisis24 services.



#### **Notes**

- All medical and prescription drug deductibles, copayments and coinsurance apply toward the out-ofpocket maximum.
- No charge means no deductible/copayment/coinsurance up to the maximum allowable amount. 0% means no coinsurance up to the maximum allowable amount. However, when choosing a Non-network provider, the member is responsible for any balance due after the plan payment.
- If your plan includes out-of-network benefits, Innetwork and out-of-network deductibles, copayments, coinsurance and out-of-pocket maximum amounts are separate and do not accumulate toward each other
- For additional information on limitations and exclusions and other disclosure items that apply to this plan, go to https://le.anthem.com/pdf?x=CA\_SH\_PPO

### Access help in your language

If you have any questions about this document, you have the right to help and information in your language at no cost. To talk to an interpreter, call **1-833-332-0797**.

Separate from our language assistance program, we make documents available in alternate formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card. (TTY/TDD: 711)

#### Arabic

لىء دوجوملا ءاضعلاً تسمدخ مقرب لرصيًا .كناجم لتقغلبه تدعاسمااو تسامولعملاً هذه ليء لوصحاًا لتلاقحيه (TTY/TDD: 711). تدعاسمالد لته بمصالحاً فدير مثلًا مقاطبه

#### Armenian

Դուք իրավունք ունեք Ձեր լեզվով անվճար ստանալ այս տեղեկատվությունը և ցանկացած օգնություն։ Օգնություն ստանալու համար զանգահարեք Անդամների սպասարկման կենտրոն՝ Ձեր ID քարտի վրա նշված համարով։ (TTY/TDD: 711)

#### Chinese

您有權使用您的語言免費獲得該資訊和協助。請撥打您的 ID 卡上的成員服 務號碼尋求協助。(TTY/TDD: 711)

#### Farsi

تروص هبار الهکمک و تاعلاطا زیا هکالدیراد از قحازیا امشاهه که کنیار هباکمک تفایرد کاربالدیک تفایرد ناتدوخم نابز هبانگیار جرد ناتاییاسانش تراک کور رباهک عاضعا تامدخم زکرماه رامش دبریگیاسامتا،تسا،(TTY/TDD:711)،هش

#### French

Vous avez le droit d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour cela, veuillez appeler le numéro des Services destinés aux membres qui figure sur votre carte d'identification. (TTY/TDD: 711)

#### Haitian

Ou gen dwa pou resevwa enfòmasyon sa a ak asistans nan lang ou pou gratis. Rele nimewo Manm Sèvis la ki sou kat idantifikasyon ou a pou jwenn èd. (TTV/TDD: 711)

#### Italian

Ha il diritto di ricevere queste informazioni ed eventuale assistenza nella sua lingua senza alcun costo aggiuntivo. Per assistenza, chiami il numero dedicato ai Servizi per i membri riportato sul suo libretto. (TTY/TDD: 711)

#### Japanese

この情報と支援を希望する言語で無料で受けることができます。支援を受けるには、IDカードに記載されているメンバーサービス番号に電話してください。(TTY/TDD: 711)

#### Korean

귀하에게는 무료로 이 정보를 얻고 귀하의 언어로 도움을 받을 권리가 있습니다. 도움을 얻으려면 귀하의 ID 카드에 있는 회원 서비스 번호로 전화하십시오.(TTY/TDD: 711)

#### Navajo

Bee ná ahóót'i' t'áá ni nizaad k'ehjí níká a'doowoł t'áá jíík'e. Naaltsoos bee atah nílínígíí bee néého' dólzingo nanitinígíí béésh bee hane' í bikáá' áaji' hodíílnih. (TTY/TDD: 711)

#### Polish

Masz prawo do bezpłatnego otrzymania niniejszych informacji oraz uzyskania pomocy w swoim języku. W tym celu skontaktuj się z Działem Obsługi Klienta pod numerem telefonu podanym na karcie identyfikacyjnej. (TTY/TDD: 711)

#### Punjabi

ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਾੱਚ ਇਹ ਜਾਣਕਾਰੀ ਅਤੇ ਮਦਦ ਮੁਫ਼ਤ ਵਾੱਚ ਪ੍ਰਾਪਤ ਕਰਨ ਦਾ ਅਧਕਾਿਰ ਹੈ। ਮਦਦ ਲਈ ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ ਓੱਤੇ ਮੈਬਰ ਸਰਵਸਿਜ਼ਿ ਨੰਬਰ ਤੇ ਕਾਲ ਕਰੋ। (TTY/TDD: 711)

#### Russiar

Вы имеете право получить данную информацию и помощь на вашем языке бесплатно. Для получения помощи звоните в отдел обслуживания участников по номеру, указанному на вашей идентификационной карте. (TTY/TDD: 711)

#### Spanish

Tiene el derecho de obtener esta información y ayuda en su idioma en forma gratuita. Llame al número de Servicios para Miembros que figura en su tarjeta de identificación para obtener ayuda. (TTY/TDD: 711)

#### Tagalog

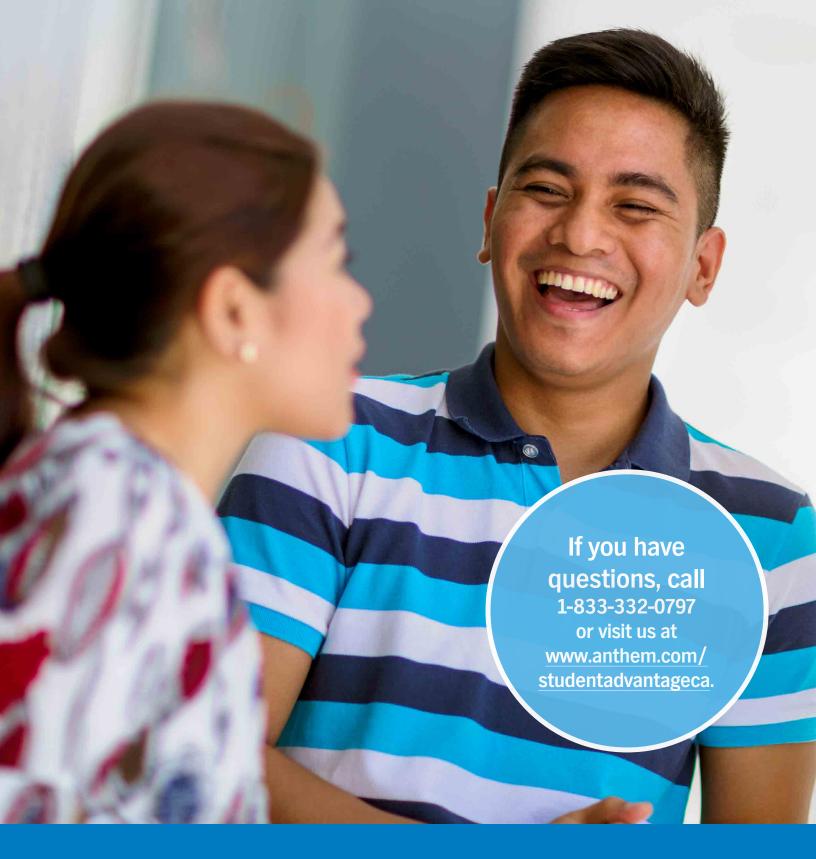
May karapatan kayong makuha ang impormasyon at tulong na ito sa ginagamit ninyong wika nang walang bayad. Tumawag sa numero ng Member Services na nasa inyong ID card para sa tulong. (TTY/TDD: 711)

#### Vietnamese

Quý vị có quyền nhận miễn phí thông tin này và sự trợ giúp bằng ngôn ngữ của quý vị. Hãy gọi cho số Dịch Vụ Thành Viên trên thẻ ID của quý vị để được giúp đỡ. (TTY/TDD: 711)

#### It is important we treat you fairly

That is why we follow federal civil rights laws in our health programs and activities. We do not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language is not English, we offer free language assistance services through interpreters and other written languages. If you are interested in these services, call the Customer Service number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. You can also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1-800-537-7697) or online at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf. Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



Anthem. Student advantage